

Nahgahchiwanong

(Far end of the Great Lake)

Dibahjimowinnan

(Narrating of Story)



Chairwoman Karen Diver speaks to some employees of Fond du Lac, members of the media, and others during a press conference about the Band's Economic Impact statement that was done by UMD's Bureau of Business and Economic Research.

In This Issue:

Local News..	2-3
RBC Thoughts	4
Powwow	5
School News	6-9
Grasshopper Family	10
Legal News..	11
13 Moons	12-13
Etc	14-16
Health	17
Community News	18-19
Calendar	20

**1720 BIG LAKE RD.
CLOQUET, MN 55720
CHANGE SERVICE REQUESTED**

**Presort Std
U.S. Postage
PAID
Permit #155
Cloquet, MN
55720**

Local news

Region affected by \$300 million from FDL

By Zachary N. Dunaiski

On Jan. 8 the Fond du Lac Reservation Business Committee invited people from the area and local media, to speak about the Band's economic impact on the area.

Chairwoman Karen Diver spoke to the crowd about the over \$300 million dollars that the Band brings to the area, according to a study done by the Bureau of Business and Economic Research at the University of Minnesota Duluth, which was commissioned by Fond du Lac.

The study was conducted by Jim Skurla, UMD's director of the Bureau of Business and Economic Research. Their study determined that 3,600 jobs were created by the Band and its economic impact on the surrounding areas, which included Carlton, St. Louis, and Douglas

counties.

It was a big day for the Band as Chairwoman Diver spoke about how less than half of the money brought to the area by the Band came from tourism, but the two Casinos are still doing very well. The study shows that FDL employs 2,200 people but the money being spent in the area brings another 1,400 jobs. The Band has 4,150 enrolled members. The number of jobs the Band creates is good for all members of FDL as well as the surrounding communities.

With all of its employees the Band pays out over \$81 million in payroll and benefits. One of the benefits the Chairwoman joked about during the event was days off.

"And more holidays than I can keep track of," Diver said with a chuckle, "And I don't hear anyone complaining."

The money brought in by

the Band doesn't just come from the casinos, which is made clearer by the impact statement, although it did create over 1,400 jobs from tourism. But rather it comes from the other businesses on and off the reservation like the gas and grocery, construction, propane, pharmacies, logging, timber, insurance, and the radio stations. Not to mention the fact that the Band has its clinics, the schools (as well as the college), housing, and government and social services.

Three hundred million dollars is an enormous amount of money to affect the area. Bringing jobs to the area and yet keeping itself self-reliable is something the Band has always worked hard to do and will keep working on in the future.



The RBC members as Chairwoman Diver speaks to the crowd about the Band's economic power.

Tourism Impacts	Impact totals	Employment totals
Black Bear Casino	\$76,790,352	800.7
Black Bear Golf	\$847,006	29.4
Black Bear Hotel	\$8,302,496	250.5
Fond du Luth Casino	\$33,932,885	338.9
Total	\$119,872,739	1,419.5

Business Impact	Impact totals	Employment totals
Construction	\$4,968,618	73.1
Gas and Grocery	\$914,924	26.6
Insurance Company	\$29,579,859	10.4
Logging and Timber	\$363,109	17.7
Propane	\$2,833,754	12.1
Third Party Health	\$22,510,714	147.5
Total	\$61,170,978	287.4

Service Impact	Impact totals	Employment totals
Community Services	\$9,501,003	36.9
Development Corp.	\$50,308,162	785.3
Education	\$17,314,053	353.8
Government	\$12,823,146	160.9
Health and Human Serv.	\$20,661,924	520.2
Housing	\$13,351,608	38.8
Total	\$123,959,896	1,895.9

Total Impact	Impact totals	Employment totals
Tourism	\$119,872,739	1,419.5
Other Business	\$61,170,978	287.4
Rez service total	\$123,959,896	1,895.9
Total Impact	\$305,003,613	3,602.8

Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

TABLE of CONTENTS

Local News.....	2-3
RBC Thoughts	4
School News.....	6-9
Grasshopper Family	10
Legal News.....	11
13 Moons	12-13
Etc	14-17
Health	17
Community News	18-19
Calendar	20

Published monthly by the Fond du Lac Reservation Business Committee.

Subscriptions are free for Fond du Lac Band Members. To inform us of a change of address, write to:
Fond du Lac News, Tribal Center,
1720 Big Lake Rd.,
Cloquet, Minn. 55720.

Editor: Zachary N. Dunaiski

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the
Native American Journalists
Association

Local news

Band wins Fond du Luth case, again

By Zachary N. Dunaiski

“This is a huge vindication for the Band,” says Chairwoman Karen Diver.

Jan. 14, the Fond du Lac Band received some excellent news from the Eighth Circuit Court of Appeals regarding the Fond-du-Luth case. They reversed a lower court’s decision that required the Band to pay the city \$12.4 million in back payments to the city of Duluth.

As you may remember, Judge Nelson ruled that Fond du Lac didn’t have to pay the 2nd of the two 25 year agreements with Duluth because it was in violation with the National Indian Gaming Commission (NIGC) and needed to be in compliance with the Indian Gaming Regulatory Act (IGRA). And since the NIGC ruled the agreements unlawful, the Department of Interior cancelled that lease last year. At that time Judge Nelson was not able to grant retroactive relief, mean-

ing the 2009-2011 payments should be made.

The Circuit court did not say that the Band had to or didn’t have to pay that money. Rather they said that Judge Nelson can now consider retroactive relief. So that is something Judge Nelson can consider as she reviews the case a second time.

The City of Duluth also has some options. They can appeal to the Eighth Circuit Court and ask that the entire panel of judges review. They can also appeal to the Supreme Court for a ruling on this case, which is something the city will certainly consider. The city of Duluth appealed Judge Nelson’s original ruling because they wanted to keep the payments going forward.

This unfortunately leaves the case lingering, but overall is still great news for the Band.

“It shouldn’t be a lengthy process because Judge Nelson has the ability to schedule

things in her court. I would expect sometime this year she would want to hear arguments from the city and the Band,” Chairwoman Diver said in an interview with WGZS radio.

At the press conference held to discuss the outcome with the local media, Diver stated the Band regrets that the issue of payments to the city of Duluth had to come down to litigation.

“There never was a relationship with the city of Duluth. Only payments,” Diver told the media about the situation that day. Diver even stated that the Band reached out to the city of Duluth hoping to settle the dispute by offering payment for services, so that Duluth would have money coming in for Police, Fire, and road protection. But she stated that Mayor Don Ness denied those payments, wanting a future revenue stream.

Diver declined to speak about plans for Fond-du-Luth that



Chairwoman Diver speaks to the media about the Band’s victory in the Eighth Circuit Court over the Fond-du-Luth case.

might involve the Carter Hotel, which was purchased by the Band last year. She did say that the Band would like to “reinvest in its property and give it a much-needed facelift,” something that hasn’t been able to be done in some time.

“That’s hard to do when the city was taking one-third of your revenues right off the top,” Diver said.

The Chairwoman spoke with this newspaper once and stated

that this issue has always been about the Band doing what’s best for itself. Based on the Economic Impact statement, it appears that’s exactly what the Band is trying to accomplish, and doing well.

“If the city of Duluth would like to continue to fight one of their major employers, and somebody who has an opportunity to invest in the city, that’s their choice,” Diver said.

FDL and Blandin host training

Fond du Lac Reservation, as part of the Blandin Broadband Community, and the Blandin Foundation, plan to host two days of training at the Fond du Lac Tribal Center on Saturday and Sunday, Feb. 9 and 10.

On the first day, local businesses and individuals are invited to an intense day of learning how to build a website, and to market and sell online. The second day is for those interested in learning

more and serving as technology support in the community. This is a great opportunity for budding web developers or technical staff. The idea is to build local capacity and business interest in better using broadband.

To register go to <http://www.surveymonkey.com/s/DVGS7Z3>

Day one the topics will be, building a website (using WordPress), online marketing, and selling online. Day two’s topics will be, practice lessons from previous day, create

websites to promote training, and talk about future training (with locals as trainers). The topics will be flexible to meet local need.

Journey Garden summer program Babaamaadiziwin Gitigaan

The journey garden program is offered to students going into the 8th – 10th grades. The program introduces students to gardening, science, math,

health care careers, medical school, community involvement, nutrition, Ojibwe language, and field trips.

Students must fill out an application and have a 2.5 G.P.A., and a letter of recommendation from a teacher, school counselor, coach, or school staff. The program starts June 10 and lasts for 6 weeks. A stipend is offered to students who complete the program. The Journey Garden program is also looking for an elder to help mentor students in the program, a stipend

is offered.

For more information about Journey Garden, call (218) 878-7239.

Parents and Guardians of Ojibwe School Students:

Please update your phone numbers with our records clerk (218) 878-7260. This information is essential when we have school closings, late starts, and after school cancellations.



A few thoughts from RBC members

From the Chairwoman

Save the date! The State of the Band Address will be held on Feb. 21 at 5:30 p.m. in the Otter Creek Event Center at Black Bear Casino. We hope to see you there.

One of the items we'll be discussing further at the State of the Band is the Economic Impact Study that was commissioned by the Band. The University of Minnesota-Duluth conducted the study, which looked at not only the direct spending and employment by the Band, but how our spending and employment trickles into the rest of the economy in the region. In other words, how many other jobs are created off-reservation because of what is spent by the Band.

Right now, the direct employment by the Band is about 2,200 employees.

Total spinoff into the economy creates another 1,400 jobs. When our spending through payroll and buying goods and services is multiplied through the region, the economic impact in the region is \$306 million. Wow! Every member of Fond du Lac should be proud of the wise decisions made through the years and everyone's contribution to the Band's growth.

The 8th Circuit Court of Appeals has ruled on the appeals from the Band and the city of Duluth on the Fond-du-Luth Casino litigation. As you may recall, the District Court ruled that the Band did have to make the payments that it withheld from the city for the period from 2009-2011, but it was relieved from making any payments after 2011 for the remaining 25 years on the contract. The judge's rationale for ordering the back payments was based on her belief that she could not make a retroactive ruling. The Band appealed the back payments because it

conflicted with a Notice of Violation from the National Indian Gaming Commission that said that payments from the Band to the city were illegal under the Indian Gaming Regulatory Act and could not be made. The city appealed the District Court ruling saying they were entitled to the next 25 years worth of payments.

The Court of Appeals agreed with the Band and the District Court that the payments going forward did not have to occur. That is a huge win for the Band, and another loss for the city in the courts. Regarding back payments, the Court of Appeals remanded the case back to the District Court, advising the judge that she could consider retroactive relief. In other words, she has the ability to rule the Band does not have to make the past payments, although it did not say she has to rule that way, just that it is an option she can consider. The matter will end up before the District Court again, so while it's not over, it was a great ruling for the Band.

All of this good news was tempered by an incident that occurred with our Head Start program. A pre-school age child was left on a school bus for several hours on a very cold day. We are grateful to hear the child is not suffering from any long-term physical effects and will be returning to school shortly. Tribal administration took the incident very seriously, and began an immediate investigation. Policies are being reviewed to see if they were followed, and whether any needed to be strengthened. The matter was referred to the police for further investigation. No more can be said publicly since it involves both service delivery and personnel issues.

Please let me know if you have any questions or comments at the office (218) 878-2612, or email karendiver@fdlrez.com.



Karen Diver

Boozhoo niiji,

There has been lots of activity since last month. We were successful in the court of appeals with our suit against the city of Duluth. The court ruled in our favor against the city's appeal to continue the current contract through 2036 in agreement with lower court's finding. This means that our position that we no longer have to pay the city a "rent payment" is valid. The court also ruled that the lower court has the ability to rule on the withheld payments from 2009 to 2011. We felt that telling us to pay those payments was wrong as the law had changed and we were unable to make them. What this means is we will be back in the lower court to argue this point again. Once this is over and the



Ferdinand Martineau

judge issues their decision whichever party (the Band or the city) will have the right to appeal this decision again to the higher court. The wheels of justice turn slowly.

We had an initial meeting with the pipeline company about another line they are planning for 2015. The pipe would cross the reservation in the corridor that their current pipes are in.

This would mean the pipeline would take up an additional 80 to 100 feet more through the reservation. We have not made a decision to go further with this project yet. If we decide to move ahead with this project we will have our environmental staff take a look at it to ensure there would be no further degradation to the reservation ecosystem. I will keep you informed of the progress of this project as it is

available.

We released an economic impact statement to the public last week. For the year 2011 the band had a \$306 million impact in the local economy through the payroll and purchases that we made. We employed 2000+ people and affected 3600 jobs through the purchasing of our employees. We released this study to show that the band is not only taking in money through our casino, but putting quite a bit back into our local economy. I have received quite a few comments back from local business people that applaud the Bands efforts. We can all be proud of the impact that we have in our community.

*If you have any questions or comments please feel free to contact me. My office number is (218) 878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com.
Gigawaabamin.*

Hello All

The holiday season has come and gone, I hope you all had a good holiday and I wish you all a happy new year. Our Cloquet Community Center was busy with holiday events throughout the month. Our Christmas party had over four hundred in attendance. They provided a fine meal and had a number of activities to participate in. It was a great time for all. I would like to thank our community center staff for all their efforts in organizing and managing the holiday events.



Wally Dupuis

Recently, Fond du Lac band sponsored and presented an economic impact statement meeting at the BCCR Event

Center. Business and elected folks from our local area and region were invited. The University of Minnesota-Duluth completed the study that showed that we, FDL, provide 306 million dollars and 3,600 jobs to the economy. This clearly shows that FDL is not just a small community but is a large community and a huge boost to the economy. Please review the executive summary of the study by connecting to the Fond du Lac web site.

On another note, the 1854

hunting, fishing, and gathering lawsuit with the state of Minnesota is coming close to being finished. It is currently in its final stages of court.

I would like to mention also that we still have displaced families from last summer's floods, but I assure you that we have crews continuing to work on these projects through the cold weather months. I am sure that we will have projects well into the next summer in an effort to get us somewhat back to pre-flood conditions.

Please feel free to contact me anytime, I look forward to hearing from you. Cell (218) 428-9828 Work (218) 878-8078.

POW WOW

Gichi Manidoo Giizis Traditional Powwow



Pow wow
Vendors Bruce &
Tawny Savage,
Charlie Stately
Photo by
Ivy Vainio



Tony Fish,
Vanessa
Northrup and
Chally
Thompson,
Jingle Dress
Dancers
Photos by
Ivy Vainio



Grand Entry
Photo by
Ivy Vainio



Dr Jim
Northrup and
Pow wow
Paparazzi
Ivy Vainio
Photo by
Ivy Vainio

The Gichi Manidoo Giizis Traditional Powwow was held on Jan. 12 and had over a 1000 participants attending this special event. The vision of this event was to bring together Federal, State, and Tribal programs to learn from each other how we are all working to take care of the land and community. The powwow committee put out the word through the 13 Moons email list serv, area radio stations, including the WGZS 89.1, (Fond du Lac's own station) and made cold calls to tribes, tribal colleges, university Native American programs, and community programs in Minnesota, Wisconsin, Michigan, South and North Dakota, and Canada, to invite community members to attend this event. There were 32 information tables and 23 vendor tables selling crafts of bead work, books, maple syrup, and much more. The event lasted from 11 a.m. – 10 p.m. at the Otter Creek Event Center at Black Bear Casino Resort located in Carlton, Minn. Miigwech to our sponsors USDA-NIFA, FDL RBC, FDLTCC, and MN-SARE.



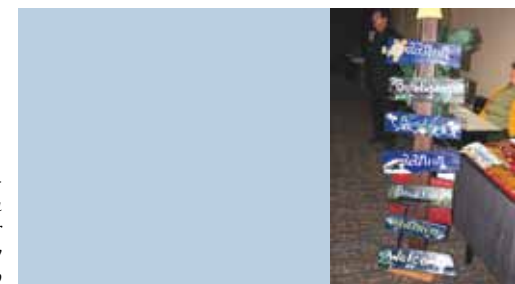
Minnesota
Indian Women
Sexual Assault
Coalition Shawl
Dance.
Photo by Anna
Martineau
Merritt



Shannon
Onabigon
Shawl Dancer
Pat Northrup
Jingle Dress
Dancer
Photos by
Ivy Vainio



Tatum Mertig
Red Cliff Hoop
Dancer
Photo by
Ivy Vainio



Sharon Nord-
strum, Leech
Lake Vendor
Photo by
Ivy Vainio



The Ojibwe Schools are dedicated to providing a quality education, which focuses on integrating the Ojibwe culture into all students' learning experiences. Every learner will have the opportunity to be challenged, to succeed, and to be prepared for the future. Parents, staff, community, and students will demonstrate the highest level of expectations for themselves and the school.

School News

Ojibwe Language

By Tara Dupuis

In Ojibwe Language class we have been reading the Mishomis Book by Edward Benton-Banai. We are learning the difference between phonetics and double vowel system. We have also learned the many teachings of our past. The 9th grade class was able to attend a college Ojibwe Language class with Dan Jones at Fond du Lac Tribal and Community College. It is important to show our students that language learning will and can continue into the higher education setting. After we attend the college class we all went for lunch at the buffet. Gii Mino-pagwad. The food was good.

Tenth grade students have been learning from the *Daga Anishinaabemodaa Book* written by Dennis Jones. The students are learning to build conversation and dialogue. The students will start to read *To Be Free* By Thomas Peacock and Marlene Wisuri. Our Quiz Bowl team recently participated in the 1st Annual Anishinaabe

Quiz Bowl at Fortune Bay in Tower, Minn. last week.

After School

Activities

CHEERLEADING

Coached by 5th grade teacher Jodie Lockling

Peer to Peer interview about Cheerleading

Q. Is cheering a hard sport to learn?

A. "Not really, but sometimes it's kind of hard... just when kids don't listen."

Q. What are some of the cheers you are working on?

A. "Well, we are working on a half time dance and practicing some old cheers and we are also working on making up our own dance."

Q. Do you all get along as a team?

A. "Yes, most of the time, but

it's kind of hard to get along with all of the kids".

Q. Why are there two captains instead of one?

A. "There are only 2 captains because we did a vote and 2 kids got a tie".

Q. Do any of you get stage fright?

A. "Most of the time it's hard not to because of all the people watching us".

Q. When did you start cheerleading? "I started one year ago."



D.B. 4th grader, as interviewed by A.N. 5th grade student

Sports

- High School Boy's Basketball Record (7-6), and had a 4 game winning streak.

Coaches: Earl Otis & Jason Brown

- High School Girl's Basketball Record (2-6), Coach: Stacie Marsolek

- Elementary 5th & 6th Grade Boys only have one loss to Nett Lake, Coach: Cory Mountain

- Elementary 3rd & 4th Grade Boys are learning fundamentals and having fun. Coach: Cord Houle

- Elementary 5th & 6th Grade Girls team is going well.

Coach: Jason Brown

- Elementary 3rd & 4th Grade Girls are having fun.

- We have our first Fond du Lac Ojibwe school wrestler, Cody Bauer.

AIBL News

The American Indian Business Leader's are off to a great start. During the month of December we took a good look at our bylaws, and spent some time planning ways to enhance our business practices in accordance with the vision and mission of our group. Students are learning the practices of Robert's Rules of Order, and have elected officers to run the group.

Our first fundraising event was a tremendous success. The student's put together what they call "The AIBL Table", as a way to raise money for the group, and provide a valuable service to the students of our school.

Secretary of the new AIBL group, Belinda McNaugh-

ton comments,"We thought it would be a great thing to provide Christmas presents that students could actually afford to buy for their friends and families." We analyzed the needs of the consumers, and worked hard to supply the kind of products that would please everyone. Because most students usually don't have a ton of cash we had to find creative ways to keep costs low, and still make money.

Michael Peacock III, the President of the American Indian Business Leaders, said, "I would call it successful because it was our first fundraising event, and we reached our goal of how much we wanted to raise. I think as a group we are much more confident about going forward with our next business plan, which will be to start our own student operated vendor table."

So far the group has demonstrated excellent communication skills, determination, teamwork, and a serious drive to succeed. I see this group doing big things in the future.

Biboon Celebration

The Ojibwe School hosted a Biboon Celebration on Dec. 21.

Activities included: face painting, crafts, fishing game, information tables, fun and games in Ojibwe, obstacle course, cotton candy, campfire and smores, family portraits, concession stand, horse carriage rides, sled dogs, fur trade, cookie decorating, pie throwing, story telling, zoo mobile, chili supper, cookies, and prize drawings. The food was prepared by our kitchen staff and was delicious.





Sign donated to the Ojibwe School Art Room

The sign that hangs above the high school art room was given to the school by Ojibwe School Junior, Cody Bauer and his mother Cassie Diver. Bauer collects dead fall Cedar in the woods and then cuts the wood into planks to make signs. As trade for using the school wood shop equipment, Bauer and his mom offered the sign to the art room. The school is honored to receive this beautiful gift.

Math Happenings at FDLOS

By Dawn Liimatainen

Exciting changes are taking place in the math department at the Fond Du Lac Ojibwe School. With programs such as enVision Math, Connecting Math Concepts, Essentials for Algebra, AIMSweb, and NWEA, teachers, students, and parents are better able to understand strengths and areas of weakness that can then be developed and enhanced based on individual student need. The following is a brief summary of each program used to help your student succeed.

The enVision Math program is a daily problem-based interactive math learning curricula that is followed by visual learning strategies that deepen conceptual understanding by making meaningful connections for students and delivering strong, sequential visual/verbal connections through the visual learning bridge in every lesson. Students stay actively

engaged with the use of the SmartBoard in every lesson. The enVision Math program is also available through individual student access via any computer with internet access. More information can be found at www.pearsonschool.com.

Connecting Math Concepts curriculum is a program designed for kindergarten through 8th Grade. It introduces ideas gradually and teaches students the connections between concepts to help them retain skills at a mastery to allow for retention of those skills throughout the years. Focusing on the big ideas of mathematics, Connecting Math Concepts teaches explicit strategies that enable students to master difficult ideas such as ratios, proportions, probability, functions, and data analysis. Detailed explanations and guided practice move students toward independent work, ensuring that students gain success and confidence as mathematical thinkers.

Essentials for algebra program provides the essential knowledge that students need to tackle algebra and gain confidence needed for high school algebra programs. By using the highly-structured lessons in this year-long math intervention course, students will master essential pre-algebra content and gain an understanding of introductory concepts found in traditional Algebra I classes. Information for Connecting Math Concepts and Essentials for Algebra can be found at www.mheonline.com.

AIMSweb is a complete web-based solution for universal screening, progress monitoring, and data management for Grades K-12. AIMSweb provides guidance to administrators and teachers based on ac-

curate, continuous, and direct student assessment. It helps school administrators demonstrate tangible improvements. It helps teachers become more effective and more efficient in the classroom. Most important of all, AIMSweb helps to create better outcomes for students—proven by the thousands of schools that use the system across the United States and Canada today. FDLOS uses the M-COMP assessment feature available through AIMSweb. It is comprised of a revised collection of math computation probes that are delivered on a weekly, bi-weekly, or monthly basis depending on student need. For more information, visit www.aimsweb.com.

Northwest Evaluation Association (NWEA) created a formative testing system to help give educators insight to accurately determine student need. The Measures of Academic Progress (MAP) assessments are administered to students at FDLOS at the beginning, middle, and end of the year. This assessment is an adaptive assessment meaning it can accurately pinpoint a student's current level of mathematical, reading, or science skills. Teachers can then use the RIT scale to determine areas of instructional need of each particular student. For more information about this assessment, visit www.nwea.org.

Special Education

By Sharon Belanger

Boozhoo, my name is Sharon Belanger and I am the Special Education Coordinator for the Fond du Lac Ojibwe School. This is my 19th year at the Ojibwe School. I have worked as a classroom teacher, middle school science teacher, and a special education teacher

before becoming the Special Education Coordinator. This spring I will celebrate my 30th wedding anniversary. I have 4 children and 3 grandchildren. My youngest son is a middle school student here at the Ojibwe School. It has been a pleasure to serve the Fond du Lac Ojibwe School for almost 20 years.

Special Education staff collaborates with the parents, general education teachers, reading coach, math coach, science coach, and behavior coach to develop individual learning plans. The Fond du Lac Ojibwe School has developed goals to reduce the achievement gap. Our goal for reading is to advance from the 2012 Index Rate of 36.36% to the Index Target of 56.36% of the students proficient or advanced in grades 3-8 and grade 10 on the Minnesota Comprehensive Assessment III. This means that our goal is to move 11 students from the Basic level to the Proficient or Advanced level on the MCA III. Our goal for math is to advance from the 2012 Index Rate of 25.68% to the Index Target of 37.72% of the students Proficient or Advanced in grades 3-8 and grade 11 on the Minnesota Comprehensive Assessment III. This means that our goal is to move 13 students from the Basic level to the Proficient or Advanced level on the MCA III. Based on data collected this year, we are making excellent progress towards these goals. Please contact me at (218) 878-7274 or sharonbelanger@fdlrez.com if you have any questions or would like additional information on the special education program at the Fond du Lac Ojibwe School.

Community and Staff drawings were held at the Biboon Celebration

Community Winner Drawings: Angelique LaPrairie won a 42 inch Flat Screen T.V., Nikki Reynolds won an iPod, and Erik Huculak won a Blue Ray/DVD Player.

Staff Drawing Winners: Bill Gustafson won a 46 Inch Flat Screen T.V., Ron Simpson won an iPod, Charles Hilliard won a Blue Ray/DVD Player. Congratulations to all our winners. *Photos from the Biboon Celebration.*



New 2012/2013 Staff**Deborah Duprey: Science**

This is my first year teaching science at Fond du Lac. I graduated from UMD in 2004 and taught chemistry and physics for 7 years in Aitkin, Minn. I am from Duluth and very much enjoy being back in this area. I lived in Japan from 1997 to 2000 and enjoy sharing stories of Japan with my students.

Tonya Olesiak:**1st Grade Teacher**

I am Tonya Olesiak, the newest first grade teacher at the Ojibwe School. I completed some student teaching here a couple years ago and am very excited to be back. I am originally from South Dakota. I moved to Minnesota to at-

tend UMD. After graduating from the elementary education program, I worked as the After School Program Coordinator at Cromwell School. My husband, three kids, and I make our home in the Sawyer/Cromwell area. We are very active in the horse racing business and enjoy horses in our free time as well.

Melanie Strom:**2nd Grade Teacher**

My name is Melanie Strom, I am an enrolled member of FDL. My parents are Nadine Gurno King and Melvin DeFoe. I was born in Cloquet and raised in the Duluth/Cloquet area. I still live on the reservation. I have three children.

I graduated from the College

of St. Scholastica in 1990 and have my B.S. in Elementary education and a licensure for Bilingual and Bicultural education.

I worked for FDL from 1990 to 1996. I worked as a grade 3/4 teacher, 2nd grade teacher, Special Ed. teacher, and Principal. I started my teaching careers at the Ojibwe School.

I then taught in Cloquet at the public school. I taught 2nd grade at Churchill for years, was the Elementary Indian Education teacher for the elementary schools and then the Director of American Indian Education.

I've done a lot in education, but my favorite thing to do is to teach elementary children. Second grade is the best grade

ever. I love teaching that grade.

Now I am back at the Ojibwe School and am loving it. I made my circle and am where I belong, back home.

Jennifer Bartsch:**Kindergarten**

Boozhoo, my name is Jennifer Bartsch and I am pleased to introduce myself as one of the kindergarten teachers at the Fond du Lac Ojibwe School. I graduated from Bemidji State University with a degree in Elementary Education and Middle School Social Studies Education. I have served as a volunteer and teacher in a variety of early childhood and elementary settings in Minnesota and Wisconsin and am thrilled to make the FDL Ojibwe School my new home.

My husband, Frank, and I have four children and live on Island Lake, north of Duluth. I love the outdoors, the arts, and spending quiet time with my family whenever I have the opportunity. I also enjoy volunteering with youth organizations.

My goal as a kindergarten teacher is to nurture lifelong learning and active participation in our global community. The Seven Teachings serve as our classroom's foundation and help guide us as we construct a genuinely caring environment.

I am excited to work with the students, families, and Fond du Lac community and I look forward to continue watching our youngest students mature as lifelong learners.

Nikki Haglund: Kindergarten

My name is Nikki Haglund. I live in Sturgeon Lake, Minn. I graduated from FDLTCC with my Associates of Arts degree. I was introduced to the Ojibwe Language and Culture Educa-

tion program at The College of St. Scholastica. At CSS I made life-long friends and learned a lot about my own culture and am happy to share that knowledge with others. I graduated in 2010 with my Bachelors of Science degree in Elementary/Middle School Education.

S.T.E.M.

Written by: Julius Salinas

On Jan. 9, Mr. Tim Franklin, Editor of the monthly aviation periodical "Minnesota Flyer", visited our school. His magazine is typically read by pilots and aviation enthusiasts in North and South Dakota, Minnesota, Wisconsin, and Iowa. Mr. Franklin's visit was prompted by his curiosity after hearing about our STEM, aviation project. That project will be the construction of a Zenith STOL CH 750 airplane. A picture of this aircraft can be found on the FDLOJS' website home page.

Mr. Franklin met with our schools Superintendent Mike Rabideaux and Julius Salinas to discuss and see the progress that was being made in preparing the school and its students to take on this unique, and innovative educational project. Mr. Franklin's visit included the opportunity to see and take pictures of our "Hangar" where the thousands of parts of our kit, will be assembled into a full-scale, flying airplane. His interest and enthusiasm for our undertaking was evident, and will be featured in one of his upcoming issues. We'll let everyone know when the article hits the newsstands.

Keep looking in the school paper for updates on this subject.

Brule concert Dec. 15, attendance incentive for students

Eight through 12th grade students who achieved 90% attendance received a ticket to the Brule Concert held at the Black Bear Otter Creek Convention Center



Ojibwe School Senior and Junior Princesses introduced themselves in Ojibwemowin, and presented the gift of Manoomin and Asemaa to Brule.

Superintendent's Section

By Michael Rabideaux

Fond du Lac Ojibwe School Social Studies Standards/Benchmarks Project

"Indian people want their children to value their culture and traditions, but they also want their children to have basic academic competencies and subject-matter knowledge.

Among the critical issues for American Indians is to reconcile Indian spiritual values and formal education." (The College Board of American Indian Science and Engineering Society, 1989).

The Ojibwe School is now working on completing a comprehensive grade K-12 American Indian Social Studies Standards and Benchmarks guide specific to what we teach in our school. We have for many years taught important historical facts specific to our Indian history and culture and the timing is now right for producing our school based social studies standards and identify what all students should learn specific to Indian history. Once we complete our project (complete with assessment tests) we will submit this work to the Bureau of Indian Education as an important measure of student success. Much of our renewed interest in getting this project completed is influenced by what is now happening with the state.

On Dec. 20 a hearing was held at the Minnesota Department of Education to provide opportunities for concerned citizens to testify on the Minnesota Department of Education's

Social Studies Standards Revisions. In particular the hearing was called by Education Liberty Watch, a group that is objecting to the inclusion of American Indian standards and benchmarks in the 2011 revised standards version.

The Tribal Nations Education Committee (TNEC) official position objects to any reference to weaken or remove American Indian history or citizenship or government standards and benchmarks from the proposed 2011 Social Studies Standards. The current form of the social studies standards begin to address shortcomings of meeting statutes as presented in the American Indian Education Act of 1988. The act provides provisions that speak to curriculum relevancy, positive reinforcement of self image, and developing intercultural awareness among pupils, parents, and education personnel.

We (TNEC) also believe that a holistic education that fosters resiliency and a focused sense of identity are critically important components of American Indian Education. The Minnesota K-12 Academic Standards in Social Studies (2011) present opportunities for instructors, school leaders, policymakers, and concerned and active community members to shape the direction of all children in our great state. As presented the Standards promise to influence and provide a rigorous and relevant curriculum. Through our collaborative working relationships we intend to work with all parties to continue to improve the health, mental and spiritual wellness, education, and economy for all citizens.

Principal's Section

Jennifer Johnson

Aaniin/Boozhoo nindawemaganidok, Mino oshki gikinoonowin/ Happy New Year.

In just a few weeks the school year will be half over. The saying is true "time flies when you are having fun." At the beginning of the school year, we set some goals for our school concerning student achievement. I want to reiterate those goals:

- Implementing a new math curriculum
- Implementing a new reading program
- Implementing a new science curriculum
- Implementing a new social studies curriculum
- Expanding our Ojibwe Culture program
- Appointing outside experts to advise/consult with the school

We strive to build an atmosphere of cooperation and collaboration to provide meaningful learning opportunities and support student achievement. As part of this new initiative, one goal includes the extension of our students' education to occur within their homes. How can you as parents and guardians help support your child's/children's success and achievement. The ideas that most jumped out were those that were revealed during the conversations I've had with students at lunch time. We talked about traditional and processed foods, feeling tired and staying up late on school nights, and playing outside. Take a few moments every day and talk with your child/children about what they learned in school. You will be pleasantly surprised how much they know about being healthy.

Here are a few tips that will improve a student's attitude

and behavior overall.

1) How much sleep do children need?

- a. Interestingly enough, studies have proven that most people of all ages in America are sleep deprived.
- b. The recommended daily sleep needed for children is:
 - i. 3-6 Years Old: 10 - 12 hours per day
 - ii. 7-12 Years Old: 10 - 11 hours per day
 - iii. 12-18 Years Old: 8 - 9 hours per day
- c. The amount of sleep might seem like it's a lot but we have to remember that our students' bodies and brains are still in critical developmental stages.
- d. Please view the following website for more information: <http://www.webmd.com/parenting/guide/sleep-children>

2) Diets

Eating a well balanced diet is extremely important especially in the developmental years. Thus, one of our goals is to serve our students less processed foods. Our head cook, Barb Dahl, does her best to make meals from scratch, and serves a variety of fruit and vegetables. A salad bar is also available on a daily basis. Processed foods are not only high in sodium but also in sugar. Limit processed foods whenever possible and replace with foods that are natural and/or don't have a more than two steps before being sold at the grocery store. Here are some highlights from an article I discovered on *Planet Earth* website.

- a.) In the past 114 years, the use of sugar rose from 5 to 155 pounds a year per person.
- b.) Many doctors and researchers agree that the regular consumption of commercially processed foods is the primary cause of adult-onset diabetes.

c.) Processing takes a lot of the nutrients out of otherwise nutrient-rich foods.

d.) White bread and white rice should also be avoided. These foods lack the nutrient and fiber of grains that are whole and unprocessed.

People that don't eat enough protein, fat, and fiber will have uneven blood sugar levels and or crashes throughout the day. By properly maintaining one's blood sugar, one's energy and emotional state can remain consistently balanced on a daily basis.

<http://www.onplanetearth.com/processedfood.html>

3) Vitamin D

Most of us can remember being told to go outside and play. It was a great way to exercise and relieves stress, but it is also a natural source of vitamin D. I found this article helpful at <http://ods.od.nih.gov/factsheets/VitaminD-QuickFacts/>

What is vitamin D and what does it do? Muscles need vitamin D to move, nerves need it to carry messages between the brain and every body part, and the immune system needs it to fight off invading bacteria and viruses. Together with calcium, vitamin D also helps protect older adults from osteoporosis. Vitamin D is found in cells throughout the body.

Students that have sufficient amounts of vitamin D are healthier in the winter months and usually don't suffer from seasonal affective disorder (SAD), also known as winter depression.

Living a well balanced life is what our culture has always strived for and by teaching and supporting our children is definitely a step in the right direction.

Giigaawaabamin dash Mino oshki gikinoonowin

Grasshopper Family

Research by Christine Carlson

Fond du Lac-St. Louis County 1870 Federal Census

Mary Grasshopper was born in 1845 and listed as a domestic.

List of Allottees of the Fond du Lac Reservation Nov. 23, 1889

Number 240 is Allottee Mayn-way-way-binai's (Jos. Grasshopper). The sub-division is E ½, NE ¼ of Section 8, Town 49 and Range 18.

1895 Minnesota Census for the Fond du Lac Reservation

John Grasshopper is listed as born in 1847, age 48, born in Minnesota and 40 years a resident of the state. His wife is listed as O-min-way-way-cum?-e-go-quay born in 1858, age 37 and born in Minnesota

1900 Federal Census Record of the Fond du Lac Indian Reservation

John Grasshopper a farmer age 60, his wife, Memwemenekamigok age 40, and John's mother (living with them) is Giwitawissckwe who was 70 years old.

1900 Federal Census for Township 50, St. Louis County, Minn.

John Grasshopper age 50, born in Minnesota about 1850. His wife is Opachana Grasshopper, age 48. She gave birth to 4 children none of whom are living.

1900 Federal Census for Township 47 in Aitkin, Minn.

Charles Grasshopper is listed as being born in 1870 and is 30 years old. His wife WA-chi-te-hag was born in 1875 and is 25 years old. Both husband and wife are listed as being hunters. Their son is Saw-San who was born in July of 1890 and is 10 years old.

Grave Registration Project-1901

John Grasshopper is shown to have died on Nov. 23, 1901. No parents are listed. I also found that John died of smallpox while he was living in Floodwood at Prairie Lake.



Josephine Grasshopper and her daughter Clara. photograph courtesy Univ. of Minn. Duluth Library Archives

Sawyer Column of the Pine Knot of Jan. 9, 1909

Married on Monday, Jan. 11 by Rev. F. H. Pequette, Joseph Grasshopper to Mrs. Josephine Mesaba.

1910 United States Federal Census of the Fond du Lac Indian Reservation

Joseph Grasshopper was born in 1848 and 62 years old. He was a farmer on his allotment and born in Minnesota. Josephine Grasshopper was age 44 and born in Minnesota. Their daughter Clara was 5 months old. Others listed are Albert Porter age 18, Joseph Porter age 16, Sophia Porter age 12, John Porter age 5, and William and Elizabeth Spruce.

Carlton County Courthouse Death Records

Joseph Grasshopper a married, Indian male died on Jan. 25, 1911 and was born in 1856. He was age 55 and a farmer.

1910 Federal Census for Township 50, Aitkin, Minn.

Charles Grasshopper is listed as 59 years old and born about 1871. He is listed as being a laborer of odd jobs. His wife is Mary Grasshopper who is age 52 and it shows she was a mother of 6 children but none are listed.

1910 Federal Census for Indian Reservation in Carlton, Minn.

John Grasshopper is listed as a widow, being born in 1854, age 56 and a laborer for odd jobs. Listed with him is Mrs. Grasshopper, his mother age 87.

Additional Local Column of the Pine Knot – Nov. 4, 1911

Mrs. Josephine Grasshopper, who had been confined to the Barclay hospital for two weeks with heart trouble, has so far recovered as to be able to return to her home on the reservation.

Sawyer Column of the Carlton County Vidette Nov. 24, 1911

Mrs. Joseph Grasshopper died at Cloquet, at 7.p.m. Wednesday, Nov. 22, 1911, of cancer. She formerly lived at Sawyer and was the widow of Albert Porter.

Grave Registration Project

This report states that Josepha Grasshopper (Binessi) born 1861 age 50 and died on Nov. 22, 1911. Her mother is Catherine Wabishkidjins and father Francis St. Jean.

Carlton County Courthouse Death Records

Josephine Grasshopper a female, widow who died on Nov. 22, 1911. She was born in 1863. Her parents are Frank and Katie

St. John.

Death of Mrs. John Grasshopper from the Pine Knot of Nov. 25, 1911

Mrs. John Grasshopper passed away Thursday of this week at her home on the reservation. Her death is attributed to heart disease from which she had been a sufferer for some time.

Deceased was about fifty years of age and had lived on the reservation for a number of years. Mrs. Grasshopper has been married twice and is survived by seven children from her first husband, Albert Porter, who died while the family was living at Sawyer. Her second husband, John Grasshopper, died last spring, leaving one daughter.

The funeral was held yesterday afternoon from the church on the reservation and interment was in the reservation cemetery.

Check out Many Sources

The above four sources are all on Josephine Grasshopper's death. It is good to check out many sources. They may all have a piece of information that may be helpful.

Forever Story: The People and Community of the Fond du Lac Reservation by Thomas D. Peacock

Part Two: Tribal Council Leaders 1894 -Present by Brenda Pollak shows that in 1914 John Grasshopper was a member of the Full Blood Council.

Indian Octogenarian Dead - Duluth News Tribune of July 12, 1915

Sawyer, Minn -Leaving her only son John Grasshopper to mourn her death – unless the tribe of Chippewas to which she belongs are taken into consideration. Kewah-tawesique, an Indian woman 81 years old, died at her home near here from a complication of diseases.

1921 Fond du Lac Indian Census

John Grasshopper (Mayn Way Way Benais) was born in 1854 and age 67.

Indian Mother up at Sawyer wants to find her Wandering Young Son – Carlton County Vidette of January 24-1924

"Oh where is my wandering boy tonight," moans poor old lady Esther Grasshopper, an Indian lady of Sawyer. She asks the Vidette to help her find him. The son's name is Charley Blacketter, and he left home way last September, and is only 18 years of age. He has not written his mother a single line to let her know whether he is in the land of the living or gone to the happy hunting grounds.

If anybody knows where Charley is, they will confer a great favor and relieve the heart sufferings of a loyal Indian mother, if they will at least let her know that he is safe.

John Grasshopper Died

John Grasshopper age 71, died on Apr. 2, 1930

1930 United States Federal Census for Perch Lake, Carlton, Minn.

Esther Grasshopper age 57, is listed as the mother in law living with Mike and Susan Shabaish and children Cecelia age 8, Alice age 7, and Florence age 3. Susan's brother James Blacketter was also living with this family.

Mary Grasshopper Dies

Mary Grasshopper (We-Chi-Chang) died on Nov. 3, 1931 in Aitkin County, Minn.

Sawyer Column of the Carlton County Vidette of June 1, 1933

Mrs. Esther Grasshopper passed quietly away Sunday night, after having been unconscious for nearly a week. She is survived by four children, James Blacketter, Mrs. Susan Shabiash, Mrs. Roy Mottoz and Charles Blacketter.

FDL Law Enforcement news

The following is a summary of about one month of select police reports.

- Dec 15 Traffic stop behind the Casino, driver arrested for DWI and driving after revocation (DAR).
- Dec 15 Traffic stop on Mission Rd and Hwy 210, driver warned for speeding.
- Dec 16 Traffic stop on Moorhead Rd, driver arrested for 5th degree possession and drug paraphernalia.
- Dec 16 Report of a runaway on Jack Pine Drive; lodged at the Carlton Youth Shelter.
- Dec 17 Individual arrested at her residence for controlled substance in the 1st degree.
- Dec 17 Report of a verbal argument on Ridge Rd, transported one to the City of Cloquet.
- Dec 18 Report of a gas drive-off for \$31.01.
- Dec 18 Traffic stop on Big Lake Rd and Brevator Rd, driver cited for failure to yield.
- Dec 19 Traffic stop on Jarvi Rd, driver cited for no insurance and DAR.
- Dec 19 Traffic stop on Hwy 2 and Marshall Rd, driver warned for burnt out headlight.
- Dec 20 Report of an individual breaking things on Big Lake Rd; arrested for disorderly conduct.
- Dec 20 Request for K-9 assistance at the Ojibwe School; nothing located.
- Dec 21 Report of underage drinking at the BBCR; three cited for underage drinking and evicted from the BBCR.
- Dec 21 Traffic stop on Brookston Rd, driver warned for equipment.
- Dec 22 Report of two juveniles fighting at Mash; when officers arrived they worked it out.
- Dec 22 Traffic stop on Hwy 2 and Hwy 31, driver arrested for 4th degree DWI; two minors cited for minor consumption.
- Dec 23 Traffic stop on Hwy 210 and W. Moorhead Rd, driver warned for speeding.
- Dec 23 Report of verbal domestic, call was unfounded.
- Dec 24 Assisted Cloquet PD with a theft and an assault at McDonalds parking lot.
- Dec 24 Report of a gas drive-off for \$37.20.
- Dec 25 Responded to a fire call on Camp David Rd.
- Dec 26 Report of a domestic assault on Jarvi Rd, one arrested.
- Dec 26 Assisted Cloquet PD on a search warrant on Migizi Rd, two arrested for controlled substance crime.
- Dec 27 Report of a vehicle in the ditch.
- Dec 27 Report of possible drug use at the BBCR, located a marijuana pipe.
- Dec 28 Report of theft from the Cloquet Community Center; one cited for theft.
- Dec 28 Report of contraband found in hotel room at the BBCR; contraband was confiscated and disposed of.
- Dec 29 Mash reported an individual who ran from the center; taken into custody for multiple charges.
- Dec 29 Assisted Cloquet PD on a shoplifting theft at Wal-mart.
- Dec 30 Traffic stop on Brevator Rd, driver cited for no proof of insurance.
- Dec 30 Report of domestic assault on Twin Lakes Rd; one arrested.
- Dec 31 Request for K-9 assistance on I-35 and Atkinson Bridge; Marijuana blunt located inside.
- Dec 31 Traffic stop on Hwy 2 and Marshall Rd, driver stopped for burnt out license plate light. Two cited; one for no proof of insurance and one for small amount of Marijuana.
- Jan 1 Report of reporting party's daughter not breathing and was laying in her car on Brookston Rd, ambulance was called and stood by for assistance.
- Jan 1 Report of an assault on Mahnomen Rd, one taken into custody for multiple charges.
- Jan 2 Report of a deer hit and was lying along side of the road. Deer was still alive and highway department was dispatched and they removed the deer.
- Jan 3 Report of a 911 hang up call from the Fond du Lac Gas and Grocery. Spoke with clerk and he stated that he called but hung up because it was busy there. Call unfounded.
- Jan 3 Report of an accident at the BBCR.
- Jan 4 Report of a disturbance in the Compound; one arrested for charges.
- Jan 4 Traffic stop on Hwy 2 and Nyguarrd Rd, for no license plate, driver cited for no proof of insurance and DAR.
- Jan 5 Assisted Cloquet PD at McDonalds for individual making threats.
- Jan 6 Report of a vehicle parked on the side of the roadway unoccupied.
- Jan 6 Traffic stop on Maccamus Rd and Maki Rd, driver warned for burnt out brake light.
- Jan 7 Traffic stop on Hwy 2, vehicle stopped for speeding and one arrested for warrant.
- Jan 7 Report of a 911 call; both parties appeared to be fine. Call was unfounded.
- Jan 8 Report of a male in dark clothing walking on Big Lake Rd stumbling into traffic, checked area and was unable to locate the individual.
- Jan 8 Traffic stop on Brookston Rd and Jarvi Rd, driver warned for equipment.
- Jan 9 Report of individual hitting a deer on Pine Drive and Twin Lakes Rd, accident reports given to driver and were unable to locate the deer.
- Jan 9 Report of a domestic assault on Jack Pine Drive, one arrested.
- Jan 10 Report of individual being threatened; nothing physical and the parties wanted nothing done.
- Jan 10 Traffic stop on Cary Rd and Jarvinen Rd, driver warned for speeding.
- Jan 11 Report of vehicle in the ditch on Brevator Rd.
- Jan 11 Report of a noise complaint from BBCR in hotel room and possible underage drinkers, no one under 21 and two lodged on warrants.
- Jan 12 Traffic stop on Hanratty Rd and Hwy 210, driver failed to move over while on a traffic stop, driver was advised.
- Jan 12 Report of individuals being removed from BBCR that were trespassing, one cited.
- Jan 13 Report of a hit and run at the Carlton Travel Center, driver was released and tab charged.
- Jan 13 Stopped and checked on a vehicle that was pulled over running on Moorhead Rd, driver was making a phone call.
- Jan 14 Report of a child left on a bus, charges filed.
- Jan 14 Traffic stop on Danielson Rd, and driver was warned for equipment.
- Jan 15 Report of accident in the forestry; multiple parties transported to CMH.
- Jan 15 Traffic stop on Brevator Rd and Big Lake Rd, driver cited in tribal court for DAR.

Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. The one year period commences with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

ANKERSTROM, Arthur "Skip"	GOODREAU, James E. Jr.
ANKERSTROM, David	HARDER, Bruce
BANKS, Robert	HOULE, Lenore
BOYER, John	KESELBURG, Arlene Jeanne
BUDREAU, Deena	MOSTROM, Darlene M.
FLYNN, Heidi K.	NELSON, Catherine
GALLAGHER, Beatrice	OJIBWAY, Jeffrey
	PITOSCIA, Donna

Ashi-niswi giizisoog (Thirteen Moons)

Namebini-giizis

The new Namebini-giizis begins February 10. This is the Sucker Fish Moon. Other names for this moon are Migizi-giizis, Eagle Moon and Makoonsag-gaa-nitaawaadi-giizis, When the bear cubs are born moon.

Mashkiki and Bemaadizi

Dave Wilsey, *University of Minnesota Extension, and Wayne Dupuis*, *Fond du Lac Resource Management*

In times past, residents of the region recognized and understood their important relationship with the ecosystem: survival and well being

depended upon that relationship. The interaction between the ecosystem and the various residents served as medicine (mashkiki, "strength of the earth"), which included food and everything that contributed to livelihood (bemaadiziwin). Natural resources continue to play important roles in liveli-

hoods, but these are frequently overlooked or underemphasized. Resource management has gradually become a profession rather than a way of being, as many of our lives have become less intimately involved with natural resources and the environment. Today, many who manage the very ecosystems that facilitate those relationships described above are unaware of how those relationships manifest wellbeing or, if aware, are perhaps unable to manage for those relationships due to conflicting organizational priorities. For individuals who have lost connections with natural systems, it can be difficult to know even what to do or where to begin to re-establish those connections. Too often, the contemporary economy creates and perpetuates a disconnection that leads to the consumerism that is devastating our Earth (aki). The simplest thing we can do is to acknowledge those gifts of aki and to make offerings (bindakoojige asemaa) that serve as a physical acknowledgement of the respect (minwaabamewizi) we have for the gift. It is through this practice we will re-introduce that meaning and understanding of bemaadiziwin.

It is not uncommon to hear that once-plentiful resources are hard to find or even no longer available. Sometimes,

resource managers don't appreciate the importance of particular resources to cultures or family livelihood strategies—as sources of food, seasonal income, exchange and even heat. In such cases, uninformed management can lead to limited resource availability. Just as problematic, however, is when individuals and families are not aware that natural resources can contribute to their livelihoods, or perhaps they don't know how to take advantage of seasonally available products. Loss of knowledge and decreased practice of that knowledge also contribute to diminished resources. Again, the simplest solution is to make connections known and strong.

Throughout 2013, Thirteen Moons will dedicate space each month to highlight familiar and novel natural resources with potential to contribute to local livelihoods, whether through personal enrichment, consumption, exchange, sale, or otherwise. Our goal is to alert our readers, in advance, about soon-to-be-available seasonal resources, and then to provide some ideas about how to take advantage of them. If there are any requests for information on a particular natural resource, please let us know via thirteenmoons@fdlrez.com. We will do our best to accommodate any and all requests. Likewise, if

you have knowledge to share, we welcome it.

Namebiini, February almost always begins in a very cold way, providing precious few signs that, by month's end, there will be preparations underway for the spring sugar run, which begins with freezing nights and warm days. Four maple tree species – sugar (preferred), red, silver, and box elder – all contain sugar concentrations that permit syrup or sugar making, which involves boiling sap to concentrate the sugars within. Maple sugar (Zinzibaakwad) has been part of the Ojibwe life for many, many generations. As in the past, homemade sugar can be stored for extended periods of time and used to supplement the household diet or, if produced in quantity, can be traded for goods and services or sold for cash. February is a great time to locate sugaring trees and to secure firewood (misan) and other necessary supplies like taps (negwaakwaanan) and buckets (akikoog). Likewise, it is a good time to talk to someone who already makes sugar about how you might get involved and perhaps take home some of the good stuff in exchange. Serious sugar makers will be extremely busy once the sap flows, so use this time to make arrangements to get involved.



*A collection pail. Photo by J. Petersen
Maple sap cooker. Photo by J. Petersen*



Upcoming Events:

Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College and Fond du Lac Resource Management.

Ashi-niswi giizisoog Ojibwemowin Page

Anishinaabemowin Lessons

Consonants used in Ojibwe make nearly the same sounds that they do in English.

The Vowels are a little different though. Here they are:

i = ih (like the 'i' sound in 'it')

ii = ee (like the 'e' sound in 'see')

o = o (like the 'o' sound in 'oh')

oo = oo (like the 'o' sound in 'boo')

a = ah (like the 'u' sound in 'but')

aa = aa (like the 'a' sound in father')

e = ay (like the 'a' sound in 'say')

Basic Rule for Ojibwe:

da- / ga- = Future tense marker meaning: will or going to (for sure)

Webinige! = 'S/he throws things away.'

Da-webinige = 'S/he is going to throw things away.'

The future tense marker da- or ga- turned 'S/he is throwing away.' to 'S/he is going to throw away'. Try practicing with other action words like; throw things away 'webinige', sick 'aakozi', offet tobacco 'asemaake', etc.

Inga-webinige.

"I'm going to throw things away."

Giga-webinige.

"You're going to throw things away."

Da-webinige.

"S/he is going to throw things away."

Webinige Giizis izhinikaazo aw giizis ingoji go "January".

The moon around January is called, "Throw Away Moon."

*You can throw your sickness away at this time. Take a stick and tie some tobacco at the end of it. You call straight up to the moon and throw the stick saying, "Niwebinaan indaakoziwin."

N O B O D M N A F O D B X E P
 X A H W A U K A F Y N J G L M
 O S N U W I S T M P S I Z G A
 P O J A K Z F Q P E J Z I C S
 A O E O A D O J U O B J U W H
 X L O O A W X B O P N I P P K
 V G V L B P K K M D T A I H I
 W Z Q O I H A A M E S A S N K
 C M T Z Z D N T A O U U K I I
 R R N B N H E E Z W B K A X M
 E X M I I D T F N H G P D P R
 Y A I N I L P J R S O E M V C
 H B U N Z I Y B I G H Y N C Z
 F W I L J B E A X Y D L W R Q
 B I M A A D I Z I W I N E H Y

Gooniginebigooog Word Search

Find the Ojibwe words

Ojibwe Wordlist

Akikoog

Negwaakwaanan

Misan

Ziinzibaakwad

Namebiini

Bimaadiziwin

Mashkiki

Biindakoojige

Asemaa

Containers

Sap tap

Firewood

Maple sugar

February

a good way of life

Medicine

he makes an offering

with asemaa

tobacco

Etc.

Check your tank before it is too late

It is important that households check their fuel tanks regularly to assure that they are not low on fuel. Depending on the fuel vendor, additional fees of up to \$200 can be added for same day or after hours emergency fills. These fees can be avoided by ordering fuel before it is too late. Once you notice that your tank is below 20% to 25% you should call for fuel. Once it gets lower than that, you are taking a risk of running out. If you run out of fuel, you will also get an additional charge for checking the fuel line and re-lighting your pilot light.

An easy method for remembering to check your tank is to write it on the same day of the month on your calendar. During Dec., Jan., and Feb. when the weather can be extra cold you may want to check the tank twice a month.

As a courtesy to the delivery person, keep a path cleared to your tank so it can be easily ac-

cessed. This will make the job of the delivery person much easier.

Patient Responsibilities

A friendly reminder from the Fond du Lac Human Services Division to all Contract Health Services (CHS) eligible clients of their responsibilities pertaining to mail dropped off at Human Services Division.

- CHS will not accept any unopened mail.
- Comply with CHS policies and procedures.
- Before patients submit their bills to the CHS office, they must notify the CHS office immediately of any changes that may affect the patient's eligibility status such as a change of address or change of insurance coverage.
- Before patients submit their bills to the CHS office, they must comply with all payment and claims information requests made by their insurance company. Patients must

read the statements issued by providers and insurance companies to understand what additional information they may need to provide.

- Contact the insurance company if payment is denied for medical services (will be on the patient's statement) to find out why their claim was denied. This information will also be provided on the explanation of benefits (EOB) provided by the insurance company.
- Notify the CHS office at (218) 878-3733 when an emergency room visit has been made after regular business hours and the patient was referred by the on-call provider.
- When referred to outside providers for services, patients must pick up the referral in person in order to discuss eligibility and payment options with the CHS staff.

Notice of Accreditation Survey

The Accreditation Association for Ambulatory Health Care, Inc. (AAAHC/Accreditation Association) will conduct an accreditation survey of Fond du Lac Human Services Division Feb. 20-22.

The survey will be used to evaluate the organization's compliance with AAAHC standards for ambulatory health care and to determine if accreditation should be awarded to, or retained by, the organization.

Through an emphasis on education and consultation, the ultimate purpose of the accreditation process is to improve the quality of health care delivered by this organization.

The above named organization has voluntarily requested this survey as a means of having a review of the entire

organization to build upon strengths or identify opportunities to improve the delivery of quality health care.

Members of the general public, patients, and individuals on the staff of this organization, believing that they have pertinent and valid information about this organization's provision of health care or compliance with AAAHC standards, may request an information presentation with AAAHC surveyors at the time of the survey for the purpose of presenting such information, or may communicate such information in writing or by telephone to the AAAHC. All information received from identified individuals at or prior to the survey will be considered in making the accreditation decision. The information presented will not be debated with the reporting individual.

Requests for presentation must be received at least two weeks prior to the survey in order to allow sufficient time to schedule the presentations.

Requests for public information presentations or reporting of pertinent and valid information may be communicated in writing or by telephone to AAAHC at the following address and telephone number:

Accreditation Association for Ambulatory Health Care, Inc.

5250 Old Orchard Road, Suite 200
Skokie, IL 60077
Telephone (847) 853-6060
FAX (847) 853-9028

This Notice of Accreditation Survey is posted in accordance with AAAHC requirements, and may not be removed until after the survey. Date posted: Nov. 1 2012 Sarah Murray Administrative Services Coordinator.

Instructions:

AAAHC policy requires than an announcement of the date of the survey and an opportunity for public presentation be posted on the organization's premises in all facilities in a manner intended to give public notice thirty (30) days prior to the scheduled survey date.

For organizations undergoing an AAAHC/Medicare Deemed Status survey, the Notice must be completed and posted not later than the first day of the assigned ninety (90) day survey window, and remain posted until the survey is completed.

In any case, the Notice must remain posted for a period of not less than 30 days.

The date and the name and title of the person responsible for posting should be recorded on the Notice when it is posted.

It is required that the Notice be displayed at all facilities, including each satellite, in locations such as the lobby, reception or cashier area, usual bulletin board or other public area, and that it be posted at least as conspicuously as is the AAAHC accreditation certificate. This notice must be posted in appropriately prominent places so that large segments of the population served are likely to view it. If additional copies are needed, photocopies of this Notice may be made. The Notice of Accreditation Survey is also available at www.aaahc.org.

At the time of the survey, AAAHC surveyors are required to verify when and in what manner the Notice was posted in the organization.

**FDL's new bilingual signs**

For a few years now work has been done to get younger people educated and interested in our own language. Currently work is being done for new signage around the reservation to list places in both English and Ojibwe.

The signs were planned to go up in the fall of 2012, but flooding to the area has postponed the major project of changing over the signs. The current plan is still being affected by the weather as the new signs will start to go up as soon as weather permits.

The first five of these new bilingual signs will be Perch Lake, Portage Lake, Miller Lake, Cedar Lake, and Hardwood Lake.

Etc.

Cobell Indian Trust Settlement

The following is being issued by the Cobell Indian Trust Settlement Fund:

The \$3.4 billion Cobell v. Salazar Settlement is approved and payments to Class Members have begun. The Settlement resolves a class action lawsuit that claims that the federal government violated its duties by mismanaging trust accounts and individual Indian trust lands.

Payments of \$1,000 to the Historical Accounting Class are underway. The Historical Accounting Class includes individual Indians who were alive on Sept. 30, 2009 and who had an open IIM account anytime between Oct. 25, 1994 and Sept. 30, 2009 with at least one cash transaction in it. The process of considering claims for the Trust Administration Class is ongoing.

The final deadline for Class Members to file a claim form for the Trust Administration Class is Mar. 1, 2013.

The Trust Administration Class includes individual Indians alive on Sept. 30, 2009 who either had an IIM account recorded in currently available electronic data in federal government systems anytime from Jan. 1, 1985 to Sept. 30, 2009, or can demonstrate ownership in land held in trust or restricted status as of Sept. 30, 2009.

Also included are the estates (or heirs) of any deceased landowner or IIM account holder whose account was open or whose trust assets had been in probate according to the federal government's records as of Sept. 30, 2009.

Not all class members need to

file a claim. People do need to file a claim if they believe they are in the Trust Administration Class and they have not:

1. Received IIM account statements at their current address anytime between Jan. 1, 1985 and Sept. 30, 2009 and continue to receive statements; or
2. Received a payment as a member of the Historical Accounting Class. If they did, they will receive a second payment automatically as a member of the Trust Administration Class; or
3. Filed a claim form already using their current address, if they have, the Claims Administrator will contact them.

Members of the Trust Administration Class will likely receive at least \$800 or more. The actual amount will depend on the number of claims and the cost of administration.

Free Income Tax Preparation at the Fond du Lac Community Center

Business students from Fond du Lac Tribal and Community College and the University of Minnesota-Duluth will once again offer free tax preparation to any family or individual with an income of \$50,000 or less. This service will be offered at the Fond du Lac, Cloquet Community Center located at 1720 Big Lake Rd, Cloquet.

The tax site will be located in the Fond du Lac Cloquet Community Center Room #1410, next to the library.

The tax prep sessions will be held on Saturdays from 10:00 a.m. to 1:00 p.m. beginning Feb. 16 and on Tuesdays from

5:00 p.m. to 8:00 p.m. beginning Feb. 19.

There will be no tax service over spring break, Mar. 16 - 23.

Please note: Taxes are done on a first-come, first-served basis. Please sign in and you will be served as you have signed in. The site will close Tuesdays at 8:00 p.m. when the community center closes.

You will need you and your spouses, W-2 forms, 1099 forms, social security and retirement information, mortgage information, per capita information, social security number, birthdates, if you have children their social security numbers and birthdates, if you rent, a Certificate of Rent paid from your landlord, a current valid picture I.D., and last year's tax return, if available.

If there are weather warnings for snow please call (218) 879-0701 to see if the tax site will be open. If bad weather is predicted the tax site may be closed as it has been in other years. Information about the site closing due to weather will also be available on WGZS 89.1.

If you have any questions contact Suzan Desmond at Fond du Lac Tribal and Community College (218) 879-0701.

FDL Scholarship Director retires

Bonnie Wallace, Tribal Scholarship Director for the past 16 years has officially retired as of Dec. 21, 2012. However, she has agreed to stay on part time until a new person is hired. Her days and hours have changed until that time. She will be in her office Tuesdays



and Wednesdays from 8 a.m. to 4:30 p.m. and Thursdays 8 a.m. to noon. Veronica Smith will remain as Program Assistant with regular hours.

Wallace previously worked at the University of Minnesota from 1970-74 as a Student Counselor for native students, from 74-78 she worked for the Minnesota Chippewa Tribe's TRIO program as a Career Education Specialist in the Minneapolis Office. In 1978 she was hired at Augsburg College as Director of the American Indian Student Support Program and held that position for nearly 20 years.

She became the FDL Scholarship Director in 1996. During her tenure as the Scholarship Director over the 250 Band members have completed their college degrees (both undergraduate and graduate levels) or technical certificates.

"While this number may not seem huge, it really is for how small our Band is (approximately 4200 members). We can all be proud of their accomplishments as many of them experienced both personal and academic struggles along the way," Wallace said.

What would she like her legacy to be? "Fourty-four years have passed," she thought for a moment and smiled, "I will always remember what it was like when I went to college as a single parent, there weren't as many financial aid programs as there are today, there wasn't a per capita payment, it was truly a financial struggle and it was totally a foreign culture for me. The main campus at the U of M was scary as all get out but there was a special person that reached out to me, taught me how to become my own

best advocate and I completed my degree in four and a half years. I tell band members that if they find that one person who reached out to help them take their hand, learn how to become your own best advocate and practice personal responsibility which leads to self sufficiency which then can result in some economic freedom and success."

Wallace spoke about how many colleagues and friends have asked her what she's going to do with her retirement.

"For the first 6 months I'm probably not going to do much except clear the cobwebs out of my head, spend more time with family and friends and then try to tackle the stack of hard cover books I've been meaning to read over the past 10 years. I'll always do something to help my community except now I'll have the freedom to pick and choose. And finally I just want to express my gratitude to everyone who supported the work of our Scholarship Program, I believe it will continue to be one of the best."

GED Changes Coming in 2014

We are looking for people who have taken one or more of the official GED tests in the past ten years but have not completed the whole test battery. On Jan. 1, 2014 the GED test will be updated to meet the current graduation standards and any test scores taken during the past ten years will be gone.

It is important that anyone who has started testing complete the battery by that time. Test scores are kept by the State

Etc.

GED continued

of Minn. and even if you have taken a test in another part of the state or while incarcerated, they are still available to use toward a GED.

Now is the time to complete the tests. Don't wait, there may not be enough time to brush up on skills necessary to get passing scores if you put it off until the fall.

Classes are available at all the community centers and the Damiano Center in Duluth. For more information, contact Joan Markon at (218) 878-2658.

Community workshop for FDL Museum Schedule

Dates are tentative and will be adjusted for participant convenience and the timing and availability of materials gathering seasons.

Feb. 15, 16, and 17 will be a Baby Moccasins workshop. Leather for tops will be provided, and other materials will be up to the participant to have ready and available to complete the project (beads, thread, needles, and leather for the moccasin bottoms will be the participants duty). This is a weekend workshop, starting Friday night and ending Sun-

day afternoon.

In late March to early April (weather pending) there will be a red willow basket making workshop. This will be a weekend long workshop. It does take a bit of work to do so be prepared to work steady on your project.

The birch bark basket workshop will take place from late June to early July (depending on weather). It is presumed right now that it will be around Enrollee day weekend. It will include gathering bark (wig-waas), and basswood inner bark (wiigubiin), and willow sticks for basket edging. A variety of baskets can be made.

The final event on their

schedule will require ricing equipment, ricing knockers, and poles for this weekend long project in early August. At this workshop participants will learn to gather and use materials the FDL ricers have been using and making for centuries.

A list of other tentative workshops include Black ash baskets, flute making, drum making, and more. The museum is open to community members suggestions for other potential workshops.

All interests will be considered. To make suggestions or to sign up for a workshop call Jarvis Paro at (218) 878-8179 or Jeff Savage at (218) 878-7582.

Questionnaire regarding Spirit Island

The Fond du Lac Tribal Historic Preservation Office (THPO) is collecting evidence to prove that Spirit Island is eligible for inclusion onto the National Register of Historic Places (NRHP).

If the THPO can prove that Spirit Island is eligible for inclusion onto the NRHP it would be a tremendous help in protection of this sacred island for the future generations.

Any oral histories could prove beneficial. No information is too much or not enough. For a questionnaire please contact LeRoy DeFoe at (218) 878-7129 or email him at leroydefoe@fdlrez.com.

Elder's Corner

- Elder's Concern Group (to be a member you must be 62+ and attend the meetings) meets every Wednesday from 10 a.m. to 12 p.m. in the Cloquet Community Center.
- The Elder's Group (Anyone 52+ who is an FDL Band member is welcome to join) meets the second and fourth Wednesday of every month. On those days there is a potluck at 5 p.m. in the Cloquet Community Center. At these meetings there is a speaker who will tell what events are going on for elders.
- The Elder's Activity Board (which is comprised of 3 members, one from each of the voting districts) meets on the second Tuesday of

each month at 1 p.m. in the Cloquet Community Center library. The job of the Elder's Activity Board is to listen to the Elder's to decide how their budget should be spent.

- To be a part of the Wisdom Steps program a person must be 55+, have a good health records (a form can be obtained by contacting a Wisdom Steps Representative), and meet tier one workout (48 thousand steps in a year, which breaks down to 200 a day).

On June 11, 12, and 13 the group will be attending the Wisdom Steps Annual Conference at Shooting Star in White Earth, to attend you must meet the above requirements as well as pay

\$20 and fill out the registration form.

Any questions regarding Wisdom Steps contact your local Representative. Cloquet: Jean DuFault (218) 878-5104, Patti Svaleson (218) 878-2606, or Debra Topping (218) 878-8053. Duluth: Char Bodin (218) 279-4119 or Sharon Mullikin (715) 398-5283. For questions on the other Elder's groups contact Debra Topping.

- Movie and brunch for elders age 52+ Feb. 10. Brunch will be at Black Bear Casino and Resort at 11 a.m. and the movie will be at Premier Theatres at 1 p.m. Anyone interested just needs to show up at Black Bear.

Casino trip for Elders

A trip is being planned for Elders (52+) to go to the Lake of the Torches Casino and Resort Mar. 17 and 18. The deadline to sign up is Mar. 2.

The trip will include a bus ride, hotel room, buffet, and \$60 free play. The bus will stop in Ashland, Wisc., both ways for lunch, but participants will pay for their own meals.

There must be two people per hotel room and the cost is only \$50 deposit that will be returned on the bus. Non-enrollees will pay a price of \$75.

The bus will leave the ENP at 10:30 a.m. and will pick-up only at K-Mart in Superior, Wisc at 11 a.m. The trip will be back by around 5:30 on Monday. If the trip is cancelled the money will be returned.

For more information about the trip contact Greta Klases at (218) 390-3577 or Heidi Hilton at (218) 461-6579.

MCT to host First-time

Homebuyer course

The Minnesota Chippewa Tribe Finance Corporation will host a First-time Homebuyer Education class from 8:30 a.m. – 4:30 p.m. on Saturday, Mar. 2 in the Minnesota Chippewa Tribe Building 15542 State 371 NW Cass Lake, Minnesota

First-time Homebuyer Education is a requirement of the Minnesota Chippewa Tribe Finance Corporation for qualified buyers.

Please reserve your spot in this free class with Cindy Beaulieu at (218) 335-8582 extension 150 or cbeaulieu@mnchippewatribe.org

No childcare is provided so please make other arrangements.



Health News

Nutrition and Influenza

By Kara Stoneburner, RDL, D, Public Health Dietitian

“You are what you eat.” This adage has been around for years and starts to really make sense when we are in the middle of the influenza and cold season. Nutrition and a healthy lifestyle can boost your immune system and help you fight off colds and “the flu.” The typical influenza season runs October through April with a peak in February. Start now to boost your immune system with good nutrition.

• Rely on real foods and not supplements. An orange is going to provide you with more nutrients than just Vitamin C. A supplement will only give you Vitamin C.

- Eat more foods that are high in Vitamin C to help keep your immune system strong. Foods high in Vitamin C include oranges, grapefruit, strawberries, cantaloupe, kiwi, bell peppers, tomatoes, broccoli, spinach, and brussels sprouts.
- Eat more fruits and vegetables in general. Strive for five servings a day.
- Lean meats, eggs, dairy, and legumes provide protein and also iron and zinc which helps the immune system stay strong.
- Include other healthy foods such as fish, poultry, low-fat dairy products, and whole grains.
- Limit foods high in sugar or unhealthy fats.
- Drink more water. Dehydration can happen quickly especially

when you have a fever and have a decreased appetite.

Of course there are other things you can do to help prevent colds and influenza such as:

- Wash your hands often. Keep hands away from your face.
- Get enough rest.
- Get your flu shot.
- Exercise
- Cover your coughs and sneezes.
- Stay home when not feeling well to prevent spreading the virus.

Hopefully we all can stay healthy over the next few months, but if you do get sick, call your medical provider for advice.

**Sources include: MDH, Nutrition.about.com, The Academy of Nutrition and Dietetics, Nutritionmd.org, mayoclinic.com*

Preventing the flu: good health habits can help stop germs

By Robin Johnson, PHN, FDL Community Health Services Department

The single best way to prevent seasonal flu is to get vaccinated each year, but good health habits such as those listed below can help stop the spread of germs.

• Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.

- If possible, stay home from work, school, and errands when you are sick. You will help prevent others from catching your illness.
- Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.
- Washing your hands often with soap and water will protect you from germs. If soap and water are not available, use an alcohol-based hand rub, then use soap and water as soon as you are able.
- Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.
- Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill.
- Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

Information from www.cdc.gov/flu/protect/habits/htm

Diabetes Prevention Program, “get your blood sugar tested”

Have your blood sugar checked at a community screening for your chance to win an iPad or \$500 gift card to L&M or Gander Mountain. There will be 4 draw-



ings. One held each month for the months of Feb., Mar., Apr., and May. Each participant will also be given two tickets to hand out to friends and family for a chance to win a \$50 gift certificate in gas or grocery.

To be eligible, participants must be:

- 1) 18 years of age or older on the date of the blood sugar screening
- 2) American Indian
- 3) Eligible for services at the MNAW and/or CAIR clinics

If already diagnosed with diabetes or pre-diabetes you can participate by getting your blood sugar checked at a community screening also.

Each participant may only be screened once in the four month event. Once screened, their name stays in the raffle for the entire four months unless they win. Each participant may only win once. Get tested early and increase your chance of winning.

Fond du Lac Human Services medical department as well as their spouse and household members (whether related or not) are not eligible.

The contest starts Feb. 5 and ends May 31. Questions? Attend a community screening.



Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion. Full names, including individual last names are required.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on Feb. 15, 2013 for the Mar. 2013 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, Minn. 55720, or by email to zacharydunaiski@fdlrez.com.

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Please remember to include the date of the Birthday, anniversary, etc. in your greeting. Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

Happy Birthday

Happy 15th birthday my boy **Michael J. Martin Jr.** (Jan 8).
Love, dad and Cindy

Happy 21st birthday to **Winona Urrutia** (Jan 20).
Love, mom and Mitch

Happy 31st birthday to my wonderful husband, **Aaron Diver** (Feb. 1).
From your loving wife, Danielle

Renee Sutherland, Black Bear Slot Administrative Supervisor would like to wish the following employees a happy birthday: **Mark Blackwood** (Feb. 1), **Joel Steiner** (Feb. 10), **Linda Wagner** (Feb. 18), and **Richard Grandieri** (Feb. 27).

Happy 7th birthday **Kiara Cloud** (Feb. 2)
Our Little Princess
Love, mom, dad, Kristofor, and Kean

I would like to wish **Jaimie Olson** a happy birthday (Feb. 2) and **Keith Diver Jr.** a happy birthday (Feb. 5).
Love, mom

Happy birthday to my sister **Josette Martin** (Feb. 6)
Love, Mitch and Cindy

Happy birthday **Reggie DeFoe** (Feb. 6)
From, Vi

Happy 18th birthday to **Cody Bauer** (Feb. 7)
Love, mom, Mike, Andy, Joe, and Mason

Happy birthday **Vaya Blacketter** (Feb. 9)
From, granny

Happy 42nd birthday to our CrAZy auntie and sis, **Denise Olson** (Feb. 10).
We love you lots.
Love, Heather, Tristan, Tyler, and Samuel

I would like to wish **Charlene Frymier** (Feb. 11) a happy birthday.
From, Carla Houle

Happy 12th birthday to my awesome grandson **Zack Bassett** (Feb. 13).
Love and hugs, grandma Ellen

Happy birthday to **Winter Mayorga** (Feb. 16).
Have a great day
Love, mom and Mitch

Happy 18th birthday **Cedar Savage** (Feb. 16), we Love you so much.
Always, PJ, SJ, and the boys

Happy birthday **Jaykelah Cuevas** (Feb. 16) who turns 12.
From your dad

Happy birthday to my little all-star **Noel Redding** (Feb. 18) who is turning 11 yrs old.
mom loves you lots

Happy birthday to my granddaughter **Noel Redding** (Feb. 18)
Love, grandma Ella

Happy birthday, **David Petite Jr.** (Feb. 21) hope you have a great day.
Love, mom, Lonnie, Matt and Angel, Dezzy, April and Royce, Amberlynn, Sabrina, and James

Happy birthday **Avery Misquadace** (Feb. 21)
Love, your grandma Jean

Happy birthday to my perfect daughter **Brennin L. Nykanen** (Feb. 25).
Lots of love, mom, Dave, and Mikey II

Happy birthday granddaughter **Brennin L. Nykanen** (Feb. 25).
Love, granny and bumpa XOXO

Happy birthday to my sister **Kim Seacord** (Feb. 25)
Love, your sisters Terri Redding & Gidget Netland

Happy birthday to my mom **Kim Seacord** (Feb 25) Love you lots.
Love, Taylor and Brooke

Happy birthday to my daughter **Kim Seacord** (Feb. 25)
Love, mom

I would like to say happy birthday to my beautiful niece **Renee Martineau** (Feb. 26)
I hope you have a wonderful birthday and I love you very much. I miss you.
Love, auntie Sophie, uncle Bryce, and cousin Sewell

Happy birthday **Austin Reynolds** (Feb. 27)
Love, granny

Happy birthday **Austin Reynolds** (Feb. 27)
Love, aunty Vicki and family

Thinking of you on your birthday **Michael Joesph Bosto** (Feb. 27). Our thoughts are with you even though you passed away. And those who loved you dearly think of you

every day.
We love and miss you Michael Joe, forever 31, mom, dad, brothers, sisters, nieces, and nephews

Congratulations

Congratulations **mom (Josephine)** and **Donnie Shabaiah** on your wedding (Dec. 28, 2012).
Love, Jeremy

Congrats on your wedding (Dec. 28, 2012) **Mr. and Mrs. Shabaiah**.
Love, Cotee

Congrats on your wedding, **Josephine** and **Donnie Shabaiah** (Dec. 28, 2012). We are happy for both of you.
Love, Kristopher and Ty Stiff-arm

Congratulation to **Kwanita White** and **Tim Nelson Sr.** on their baby girl Takaigha Marie Nelson who was born Jan. 2, 2013 at 6:53 a.m. their baby girl is 5 lbs. 13 oz and 18.8 inches long.

Thank You

The family of **Lenore D. Houle** would like to thank all of you for your condolences and support in our time of grief. Thank you for everything, your kindness, your assistance or just for being there when we needed you. We can never express the sorrow we felt in losing Lenore, the pain is with us every day; however during this time maybe you had a kind word to say or a memory to share, maybe you assisted with the arrangements or were just there with your shoulder to lean or cry on. All of us thank all of you.

With special thanks going to Julie Abramowski, and Lee Abramowski, who were there consistently for the family, Aunt Pearl who has guided us, FDL RBC for the financial assistance and the entire staff at the ENP who provided the nice dinner for everyone and thank you to our employers at FDL Security, FDL Human Services, and FDL Education for giving us the time off we needed to get through this difficult time.

If you were not mentioned it was not because we did not appreciate what you did it is just so many did so much that we could not possibly thank everyone in this forum.

Sincerely, the William J and Frances M Houle family

To the Cloquet Community Center

The 52+ Elders group would like to express their appreciation for the great job being done with the Cloquet Community Center. The programming for youth has been great, there are several examples, such as the annual pageant that was put on showcasing our youth's talents, and the reading project that rewarded participants with points they could use for gift giving. The reading project/gift giving brought so many lessons to our youth. The grandparents of those who participated observed their youth more excited about the giving of a gift than they were for the getting of a gift.

Another observation made and discussed among the elder group was communicating expectations to the youth from the staff working in the community centers. This responsibility of programming, guiding, and teaching our youth is a valuable tool in shaping our coming generations and building community.

So, from the 52+ Elders group we would like to say Chi-Miigwetch to all the employees at the Cloquet Community Cen-

ter, you are performing a great service for our community and your interactions and programming is maamakaadendaagwad (considered astonishing or awesome).

Chi-Miigwetch, 52+ Elders Group, (who meet the second and fourth Wednesday of the month).

We would like to thank those who helped in our recent loss (**John James "Bug" Loons**), especially Deacon Twomey, Handevitd Funeral Home, Reservation Business Committee, Spirit Valley Dialysis, our Danreille Viginia family, John's special aunt Dila and Medicine man Barney Paul, the kitchen staff who served, the pallbearers, donations of cards, flowers, gifts, food, Sharry Waldriff (music), Audrey Smith and anyone we may have missed. Your thoughtfulness will always be remembered.

John James "Bug" Loons family

There are no words to express our gratitude for all the love, kindness, and support given to us during the loss of our beloved daughter, sister, and mother, **Jacque (Ells) Abrahamson**.

We thank you for all the prayers, love, visits, flowers, food, cards and most of all just for being there when we needed you the most. Special thanks to Jacque's friends Trina and Bob Eastman, Mark and Inez McConnell, Debra Fuller-Johnson, Lynn Diver, Audrey Smith, Greg and Debra Topping, co-worker Crystal Greensky, aunt Sharon Shuck, Dr. Lorraine Turner, and Kevin Walsh at Min No Aya Win Clinic; Dr. Solomon at the Mayo Clinic and St. Luke's Hospice for their support and compassion. The Cloverland Covenant Church, Maple, Wisc., Lakeside Baptist Church, Poplar, Wisc., and the J.M. Paine Presbyterian Church, Carlton, Minn. for the exceptional support in the past

two years, The River Church in Duluth and the Fond du Lac Band of Lake Superior Chippewa. There are too many countless people to list. Your kindness has touched our hearts.

To the Brookston ENP staff,

A special thanks to **Anna Wait, Mike Houle, and Dorothy (Dotty) Pittman**. Thank you for the opportunity to work in the kitchen to help make their fresh homemade food over the Christmas season. Carla Houle, Day Labor

Memorial

Marilyn L Carpenter (Merzie) December 19, 1944 - January 26, 2012.

Dear Mama, I can't believe you have been gone from us one year, my heart cannot believe it. Life just doesn't seem the same and the pain is taking its time to subside. Over this past year I have written letters to you when times were tough and when they were good. I want you to know that every time that I wrote those letters it helped me. So I know that you were there by my side making it all better like you always did. Mama I miss you more than words can say. Funny I am saying that, when it was your favorite song. I hope that you playing bingo every night with your loved ones that you missed for so long. One day sweet day I will be there with you playing bingo and singing more than words. So with all of the pain and sorrow I have felt over this past year, one thing stands out in my mind. Your life made a difference in mine and so many others and I'm glad I got to call you my mama for as long as I did.

I miss & love you millions and two...

Weazie

You taught me everything
And everything you've given me

I'll always keep it inside
You're the driving force in my life, yeah

There isn't anything
Or anyone that I can be
And it just wouldn't feel right
If I didn't have you by my side
You were there for me to love and care for me

When skies were grey
Whenever I was down
You were always there
To comfort me

And no one else can be
What you have been to me
You'll always be

You will always be the girl
In my life for all times
Mama you know I love you
Mama you're the queen of my heart

Your love is like
Tears from the stars
Mama I just want you to know
Loving' you is like food to my soul

You're always there for me
Have always been around for me even when I was bad
You showed me right from my wrong

And you took up for me
When everyone was downing' me

You always did understand
You gave me strength to go on
There was so many times
Looking back when I was so afraid

And then you come to me
And say, I can face anything
And no one else can do

What you have done for me
You'll always be

You will always be
The girl in my life
Never going to go a day without you
Fill's me up just thinking about you

I'll never go a day
Without my mama
Love you millions and two,
Tim and Weaz

In loving memory of **Michael Joseph Bosto "Wamblee Cikala"** Born Feb. 27, 1980 in Minneapolis, Minn. and passed away Feb. 5, 2012 in Minneapolis, Minn.

It broke our hearts to lose you, but you did not go alone. For part of us went with you, the day Creator called you home. You left us peaceful memories, your love is still our guide, and though we cannot see you, you are always by our side. Our family chain is broken, and nothing seems the same...

Missing you, mom, dad, and family

End of the Beginning

Original Poem by Jim Northrup

Someone said we began to die
The minute we're born
Death is a part of life
Who knows why the Creator
Thins his herd
Another old saying says
We must all be prepared
To give up those we love
Or die first
Take time to mourn
Take time to remember
Everything happens in cycles
The pain you feel today
Was once balanced by
Someone's joy
When that baby was born
The loss you feel today
Will be replaced by good
Long lasting memories
Is there a message here
Yah, treat others like this
Is your last day above ground

Memorial Feast and giveaway in honor of the 1 year passing of **Michael Joseph Bosto** will be held Mar. 9 in the church of Gichitwaa Kateri 3045 Park Ave. So. Minneapolis, Minn. at 2 p.m. Everyone who knew and loved Michael are welcome.

Namebini – Sucker Fish Moon – February 2013

CCC: Cloquet Community Center, (218)878-7504; BCC: Brookston Community Center, (218)878-8048; SCC: Sawyer Community Center, (218)878-8185; CAIR: Center for American Indian Resources; MNAW: Min no aya win (218)879-1227; BCCR: Black Bear Casino Resort; OJS: FDL Ojibwe School; CFC: Cloquet Forestry Center; NRG: Natural Resource Garage; BBGC: Black Bear Golf Course; MKW: Mash-Ka-Wisen Powwow Grounds; DC: Damiano Center; FDLTCC: Fond du Lac Tribal & Community College; OJSHS: Ojibwe School Head Start; FDLGG: Fond du Lac Gas & Grocery; TRC: Tagwii Recovery Center; FDLM: Fond du Lac Museum; CPT: Cloquet Premier Theatre; OJS: Ojibwe school; RMD: Resource Management Division; TCC: Tribal Center Classroom; FACE: Family and Child Education Bldg. MKWTC: Mash-ka-wisen Treatment Center; DC: Damiano Center; FDLSH: FDL Supportive Housing

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
State of the Band Address 5:30 p.m. Feb. 21, 2013 BBCR		Enrollee Days June 28 and 29, 2013	Blandin Broadband Community and Blandin Foundation Feb. 9 and 10, 2013 CCC		GED 11 a.m. SCC Adult Dodgeball 12 p.m. CCC Beading 5 p.m. CCC Red Cross swim lessons (pool reserved) 5 p.m. CCC Youth basketball (13 & older) 5 p.m. CCC 1	Adult golf 9:30 a.m. CCC Soup and Bread contest 11 a.m. CCC Beading 11:30 a.m. CCC 2
Water aerobics 10 a.m. CCC Volleyball nets up 10 a.m. CCC Beading 11:30 a.m. CCC 3	Elder exercise 9 a.m. CCC GED 10 a.m. DC Yoga 12 p.m. MNAW Zumba 4:45 p.m. OJSHS Cribbage 5 p.m. CCC Beading 5 p.m. CCC Water aerobics 6 p.m. CCC Aikido 6 p.m. CCC 4	Get Fit 12 p.m. CCC WIC 12 p.m. CAIR GED 12:30 p.m. BCC Flute Circle 3:30 p.m. CCC Beading 5 p.m. CCC Water aerobics 6 p.m. CCC AA/NA support 6 p.m. TRC 5	Elder exercise 9 a.m. CCC GED 10 a.m. DC Adult game day 12:30 p.m. CCC FDLOJS swim class 3:15 p.m. CCC Zumba 4:45 p.m. OJSHS Beading 5 p.m. CCC GED 5 p.m. CCC GED 5:30 p.m. SCC Water aerobics 6 p.m. CCC 6	Get Fit 12 p.m. CCC GED 12:30 p.m. BCC Youth Dodgeball 3:15 p.m. CCC FDLOJS Scuba pool reserved 3 p.m. CCC Beading 5 p.m. CCC GED 5 p.m. CCC GED 5 p.m. DC AA/NA support 6 p.m. TRC Water aerobics 6 p.m. CCC 7	Water aerobics 8:15 a.m. CCC GED 11 a.m. SCC Adult Dodgeball 12 p.m. CCC Youth open swim 3 p.m. CCC Red Cross swim lessons pool reserved 5 p.m. CCC Youth basketball (13 & older) 5 p.m. CCC 8	Adult golf 9:30 a.m. CCC FDL Enrollee family movie morning 9:45 a.m. Premier Theater Beading 11:30 a.m. CCC Blandin 9
Water aerobics 10 a.m. CCC Volleyball nets up 10 a.m. CCC Beading 11:30 a.m. CCC Blandin 10	Elder exercise 9 a.m. CCC GED 10 a.m. DC Yoga 12 p.m. MNAW Zumba 4:45 p.m. OJSHS Cribbage 5 p.m. CCC Beading 5 p.m. CCC Aikido 6 p.m. CCC Water aerobics 6 p.m. CCC 11	Get Fit 12 p.m. CCC WIC 12 p.m. CAIR GED 12:30 p.m. BCC JR indoor golf 3:30 p.m. CCC Flute circle 3:30 p.m. CCC Beading 5 p.m. CCC Ceramics 5 p.m. FDLSH Water aerobics 6 p.m. CCC AA/NA support 6 p.m. TRC 12	Elder exercise 9 a.m. CCC GED 10 a.m. DC OTM pickup 12 p.m. CCC Adult game day 12:30 p.m. CCC FDLOJS swim classes 3:15 p.m. CCC Youth Dodgeball 3:15 p.m. CCC Zumba 4:45 p.m. OJSHS Beading 5 p.m. CCC GED 5 p.m. CCC GED 5:30 p.m. SCC Water aerobics 6 p.m. CCC 13	Get Fit 12 p.m. CCC GED 12:30 p.m. BCC Intro to Simply Good Eating 12 p.m. CCC FDLOJS Scuba (pool reserved) 3 p.m. CCC Youth Dodgeball 3:15 p.m. CCC Beading 5 p.m. CCC GED 5 p.m. CCC GED 5 p.m. DC Water aerobics 6 p.m. CCC AA/NA support 6 p.m. TRC 14	Water aerobics 8:15 a.m. CCC GED 11 a.m. SCC Adult Dodgeball 12 p.m. CCC Youth open swim 3 p.m. CCC Red Cross swim lessons (pool closed) 5 p.m. CCC Beading 5 p.m. CCC Youth basketball (13 & older) 5 p.m. CCC 15	Adult golf 9:30 a.m. CCC Taxes 10 a.m. CCC (questions call Suzan 879-0701) YAC Cloquet Tubing hill bus @ 2 p.m. 16
Water aerobics 10 a.m. CCC Volleyball nets up 10 a.m. CCC Beading 11:30 a.m. CCC 17	Closed for President's Day GED 10 a.m. DC 18	Get Fit 12 p.m. CCC WIC 12 p.m. MNAW GED 12:30 p.m. BCC JR indoor golf 3:30 p.m. CCC Flute circle 3:30 p.m. CCC Taxes 5 p.m. CCC (questions call Suzan 879-0701) Water aerobics 6 p.m. CCC AA/NA support 6 p.m. TRC 19	Elder exercise 9 a.m. CCC GED 10 a.m. DC Adult game day 12:30 p.m. CCC FDLOJS swim classes 3:15 p.m. CCC Youth Dodgeball 3:15 p.m. CCC Zumba 4:45 p.m. OJSHS Beading 5 p.m. CCC GED 5 p.m. CCC GED 5:30 p.m. SCC Water aerobics 6 p.m. CCC 20	Get Fit 12 p.m. CCC GED 12:30 p.m. BCC FDLOJS Scuba (pool reserved) 3 p.m. CCC Youth Dodgeball 3:15 p.m. CCC Beading 5 p.m. CCC GED 5 p.m. CCC GED 5 p.m. DC Water aerobics 5:15 p.m. CCC AA/NA support 6 p.m. TRC 21	GED 11 a.m. SCC Adult Dodgeball 12 p.m. CCC Beading 5 p.m. CCC Ceramics 5 p.m. CCC Red Cross swim lessons (pool reserved) 5 p.m. CCC Youth basketball (13 & older) 5 p.m. CCC 22	Adult golf 9:30 a.m. CCC FDL Enrollee family movie 9:45 a.m. Premier Theater Taxes 10 a.m. CCC (questions call Suzan 879-0701) 23
Water aerobics 10 a.m. CCC FDL youth baseball sign up 12 p.m. CCC 24	Elder exercise 9 a.m. CCC GED 10 a.m. DC Yoga 12 p.m. MNAW Zumba 4:45 p.m. OJSHS Cribbage 5 p.m. CCC Beading 5 p.m. CCC Aikido 6 p.m. CCC Water aerobics 6 p.m. CCC 25	WIC 12 p.m. MNAW Get Fit 12 p.m. CCC GED 12:30 p.m. BCC Taxes 5 p.m. CCC (questions call Suzan 879-0701) Water aerobics 6 p.m. CCC AA/NA support 6 p.m. TRC 26	Elder exercise 9 a.m. CCC GED 10 a.m. DC Adult game day 12:30 p.m. CCC FDLOJS swim class (pool reserved) 3:15 p.m. CCC Youth Dodgeball 3:15 p.m. CCC Zumba 4:45 p.m. OJSHS Beading 5 p.m. CCC GED 5 p.m. CCC GED 5:30 p.m. SCC Water aerobics 6 p.m. CCC Sobriety Feast 6 p.m. CCC 27	Get Fit 12 p.m. CCC GED 12:30 p.m. BCC FDLOJS Scuba (pool reserved) 3 p.m. CCC Youth Dodgeball 3:15 p.m. CCC Beading 5 p.m. CCC GED 5 p.m. CCC GED 5 p.m. DC Water aerobics 5:15 p.m. CCC AA/NA support 6 p.m. TRC 28	Youth Activity Crew (YAC): Activities for ages 11 and up – adults can attend IF they have a child 11 years or older with them.	

Any persons with FDL Writs & Orders of Exclusion are not allowed to attend any FDL Field Trips or Activities.